



Caring for Children with Diabetes in the Community: Equipping Caregivers for Success

Saturday, Oct. 13, 2018

Ruth and Tristram Colket, Jr.
Translational Research Building
on the Raymond G. Perelman
Campus

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COURSE INFORMATION

Course Overview

The Diabetes Center for Children at Children's Hospital of Philadelphia is offering a workshop for non-healthcare professionals who have children with diabetes in their care. Participants may include school personnel, daycare staff, case managers, and staff in child protective services or in long-term care and mental health facilities. Following a keynote address, participants will attend a series of three workshops that will provide a basic overview of knowledge and skills essential to care for children with diabetes.

General Information

The conference will be held on Saturday, Oct. 13, 2018, in the Ruth and Tristram Colket, Jr. Translational Research Building on the Raymond G. Perelman Campus. Registration will begin at 8 a.m.

Registration Fee: \$100

The registration fee includes syllabus materials, light breakfast, break, lunch and parking on campus.

Certificates of attendance will be awarded.

To register, please visit chop.cloud-cme.com

Content Detail

Type 1 Diabetes Basics

- Type 1 and Type 2 diabetes: What's the difference?
- Tools for diabetes management
- Basic carbohydrate counting and insulin dosing
- Administering insulin using a sliding scale
- What causes high blood sugar and when is it dangerous?
- Managing high blood glucose with ketones
- Recognizing and managing low blood sugar
- Effect of exercise on blood sugar

Carb Counting and Nutrition Basics

- Carbohydrate counting for children on insulin
- How to use a sliding scale to dose insulin
- Principles of healthy eating
- Diet management of children with Type 2 diabetes
- Preventing lows with exercise

Hands on with Meters, Insulin Administration, Glucagon and Ketone Testing

- Blood glucose monitoring
- Insulin injections
- Glucagon administration
- Urine testing for ketones

How Psychosocial Factors Impact Living with Diabetes

- Helping children and their families cope with the day-to-day challenges of diabetes management
- Parenting challenges and diabetes
- Recognizing and managing diabetes burnout, depression and anxiety
- Recognizing and responding to medical neglect
- Protective factors and risk factors
- Exploration of case examples

Cancellation and Refund Policy

Children's Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. In the event of cancellation or postponement, Children's Hospital of Philadelphia will refund any registration fees, less a \$40 service fee, but is not responsible for any related costs, charges or expenses to participants, including cancellation charges assessed by hotels, airlines or travel agencies. In order to process refunds for course withdrawals, cancellations must be received in writing by Friday, Sept. 28, 2018. No refunds will be issued thereafter.

Services for People with Disabilities

If special arrangements are required for an individual with a disability to attend this meeting, please contact the Continuing Medical Education Department at 215-590-5263.



PROGRAM | SATURDAY, OCT. 13, 2018

- 8 a.m. Registration and Light Breakfast
- 8:30 a.m. Keynote Address: Social Determinants of Health
Terri Lipman, PhD, CRNP
- 9:30 a.m. Type 1 Diabetes: Tools for Success
Faith Daily, BSN, RN, CDE, CPT
- 10:30 a.m. Break
- 10:45 a.m. Hands on with Blood Glucose Testing, Insulin, Glucagon and
Ketone Testing
Faith Daily, BSN, RN, CDE, CPT
- 11:45 a.m. Lunch
- 12:45 p.m. **Breakout Session (Choose 1)**
1. Carbohydrate Counting, Insulin Dosing Using Sliding Scales and
Nutrition Basics
Jennifer Tsafos, RD, LDN, CNSD, CDE
2. How Psychosocial Factors Impact Living with Diabetes
Tressa Dabney, MSW, LCSW
- 1:45 p.m. Adjourn

Course Faculty

Unless otherwise noted, faculty is from Children's Hospital of Philadelphia and/or the Perelman School of Medicine at the University of Pennsylvania.

Course Directors

Linda Ath, MSN, CRNP

Pediatric Nurse Practitioner

Kathryn Murphy, RN, PhD

Specialty Program Manager

Course Faculty

Tressa Dabney, MSW, LCSW

Social Worker

Faith Daily, BSN, RN, CDE, CPT

Nursing Diabetes Educator

Terri Lipman, PhD, CRNP

Pediatric Nurse Practitioner

Jennifer Tsafos, RD, LDN, CNSD, CDE

Clinical Dietitian

**Register online:
chop.cloud-cme.com**